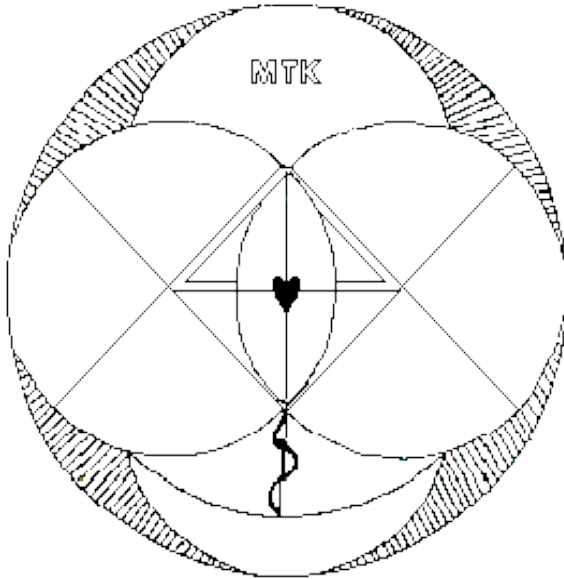


Main Transpersonale Käer a.s.b.l.

Lëtzebuenger Gesellschaft
fir Transpersonal Psychologie
MTK - SEN / MTK - LTG / MTK - IBG



MTK-Info 112

07-09.2026 (juillet-septembre)



**RAPPORT de notre
Assemblée Générale
MTK et MDBGL 2026**

MTK Neiegkeeten

<https://>

www.youtube.com/

[watch?](https://www.youtube.com/watch?v=ECCVc5KGCzo&t=3s)

[v=ECCVc5KGCzo&t=3s](https://www.youtube.com/watch?v=ECCVc5KGCzo&t=3s)



Mehr Demokratie & Bedingungsloses Grundeinkommen

PSYCHOLOGY OF LOVE

creative thinking

HEAD

empathetic feeling

HEART

HARA

meaningful will

HANDS

loving action

**MTK-Telefon:
691-456 789**

**email : mtk@mtk.lu
web: www.mtk.lu**

**B.P.54,
L-8005 Bertrange**

**BIC: CCPLLULL IBAN:
LU29 1111 1315 0671
0000**

MTK-LGTP asbl und MDBGL asbl GENERALVERSAMMLUNGen am Dienstag, den 28. April 2026 in Bertrange— im EMOZIONI (9 TeilnehmerInnen)

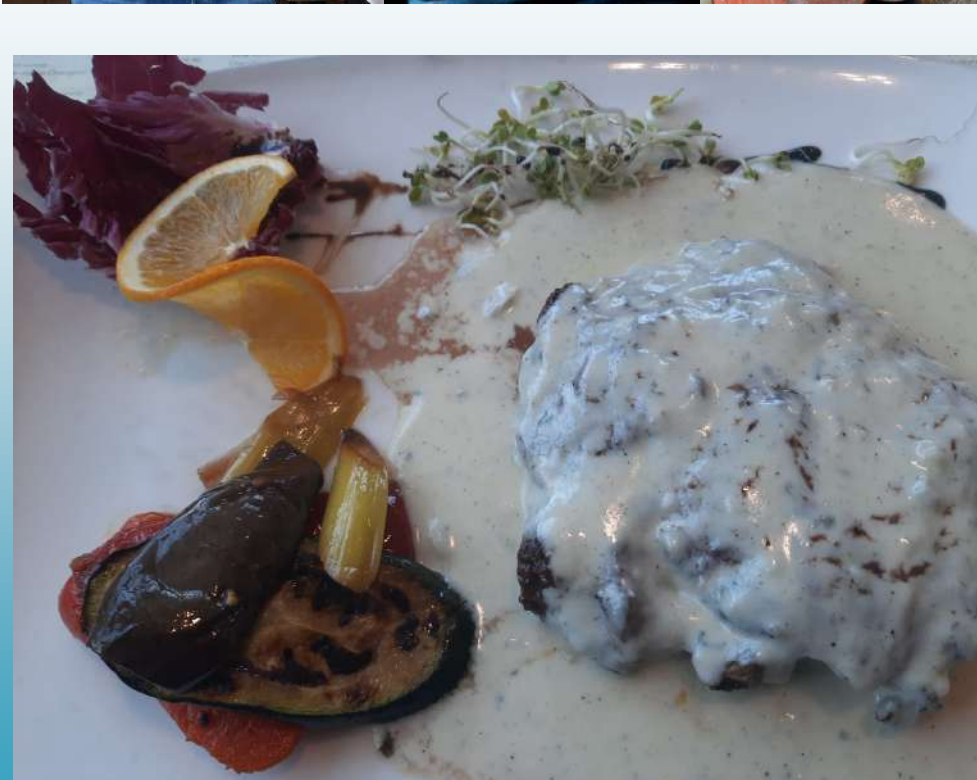
Tagesordnung

- 1.° Bericht über die Aktivitäten 2025.
Wiederaufnahme der Mediwalks.
- 2.° Kassenbericht angenommen.
Mitgliedsbeitrag bleibt 30€.
- 3.° Kassen- und Vorstandsentslastung .
Bestätigung der Kassenrevisoren.
- 4.° Marie-Paule Ketter neues Vorstandmitglied.
- 5.° Diskussion über Internship von DL .
Einstimmig abgelehnt.
- 6.° Ausschluss eines Mitglieds wegen Missachtung der Statuten (GH): einstimmig
- 7.° Ausblick und kollegiales Beisammensein



Marie-Paule « Marie » Ketter eisen neien Comit  smember

PHOTOS Assemblée Générale



MTK asbl / MDBGL asbl

Der Verein

VEREINSADRESSE und TELEFON:

"Mäin transpersonale Käer , Lëtzebuerger Gesellschaft fir Transpersonal Psychologie" a.s.b.l."

B.P. 54, L-8005 Bertrange

Telefon: (00352) 691-456789

E-mails: mtk@mtk.lu

SMS : 691-456 789

Internet: <http://www.mtk.lu>

Postscheckkonto (CCPL) IBAN : LU29 1111 1315 0671 0000

die Sektionen:

1) MTK-LTG: Lëtzebuerger Transpersonal Gesellschaft

2) MTK-SEN: Spiritual Emergence Network Lëtzebuerg

3) MTK-IBG :

INTEGRALE BEWUSSTSEINS- und GESELLSCHAFTSENTWICKLUNG
(=MDBGL asbl / <https://www.demokratie.lu>)

der Vorstand:

Alfred GROFF (président)

Carlo MULLESCH (vice-président)

Françoise REULAND (trésorière)

Christian SARTI (secrétaire)

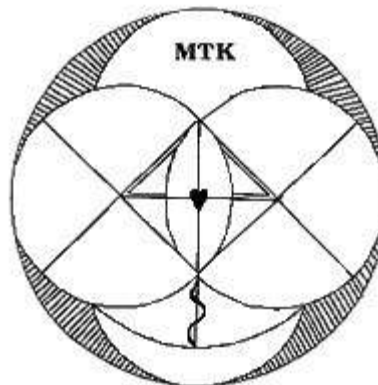
Claudia Verena GEMBALLA (membre)

Marie-Paule KETTER (membre)

Gérard PETERS (membre)

Sandra RENDALL (membre)

Ivan Skerla STOJANOVIC (membre)



**Kanal MTK: neie Video iwert
MTK Neiegkeeten
mam Christian & Alfred**

**[https://www.youtube.com/
watch?v=ECCVc5KGCzo&t=3s](https://www.youtube.com/watch?v=ECCVc5KGCzo&t=3s)**



MTK-MEET-LIVE in Bertrange:

individual psycho-spiritual development in the energy of a regular group
(recent evolution of the group / news / changes)

MEET, where MEET stands for MEDITATION - ENCOUNTER - EMPATHY - TRIGGERS (feedback, cards, exercises ...).



The group organised and moderated by a TRIO: Françoise / Ivan / Alfred

° Basic requirement for being part of the group:

1. to attend regularly (if you are abroad, it is enough to write in the WhatsApp group to say for how long - in an emergency, just briefly let one of the moderators know that you are missing, so that we do not wait for you unnecessarily)
2. When the date is announced here, please reply in the poll at least 24 hours beforehand to confirm whether you will be attending or not; if fewer than 4 people RSVP, the group will be cancelled - please bear in mind that your own freedom can restrict that of others - thank you.
3. No one will be excluded because of their language - participants are free to express themselves in the form of their choice and, if necessary, a translation will be provided.

° Content-related adaptations:

1. To begin with, there is a meditation exercise to connect with the group energy (max. 30 minutes).
2. Each person is given time to share where they are in their personal development and what their current challenges might be – the others simply listen.
3. Anyone who asks will be given feedback on how their message was received by others – mentally, emotionally... (things one often doesn't get told). When giving feedback, the focus should be on listening, and it should not lead to a discussion.
4. Those who are going through a more difficult phase in their development should then be given a little more time to deepen their process – perhaps with cards, but other approaches are also welcome.

CIRCLES OF LIFE CARD-MEETINGS

° in Bertrange

**(LIVE every second Monday
with Ivan, Françoise & Alfred)**

° Online

**(every second Monday with
Nicole and Alfred)**

° in « Café BORA» in Luxembourg-City

**(LIVE every 2-3 weeks with
Christian and Alfred)**

° in Attert/Arlon (B)

**(LIVE day-workshop on a
weekend / every month with
Marie-Paule and Alfred)**



LIVE 'n ONLINE



MTK-LEBENSKREISE-KARTEN

MTK-CIRCLES OF LIFE CARDS

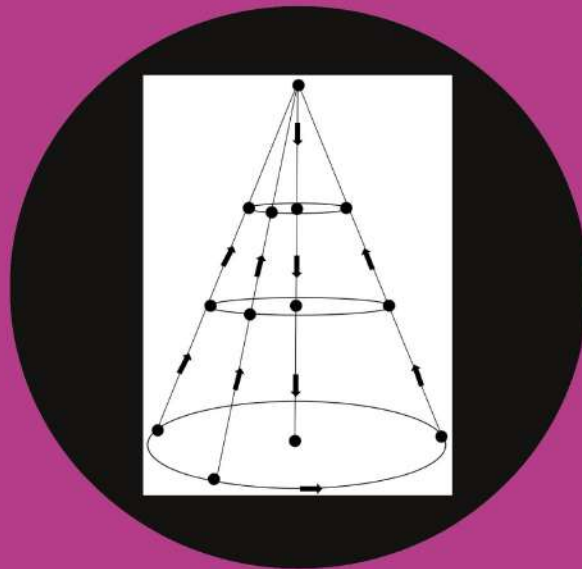
CARTES DES CERCLES DE VIE

<https://tarot-editor.mantike.pro/> (enter Leb instead of RW)

Alfred Groff

Circles of life cards

Orientation on the five-way path



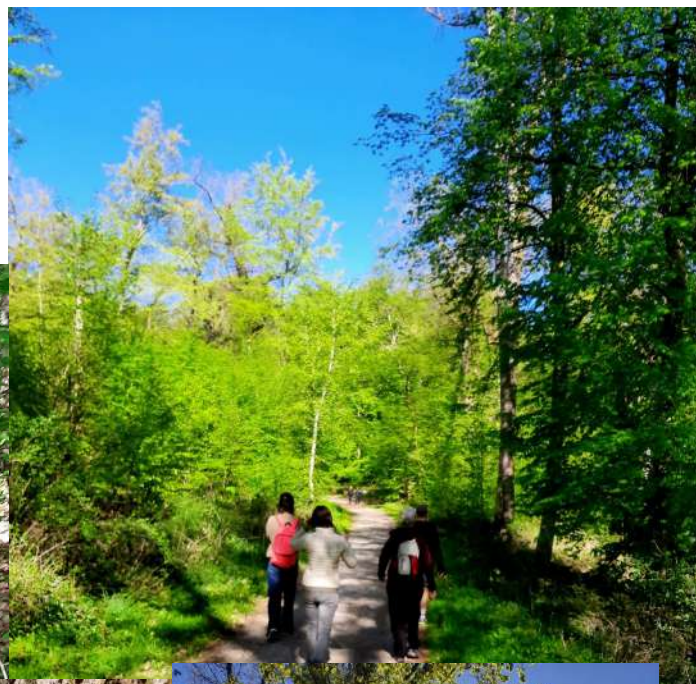
Cartes des cercles de vie

Orientation sur le sentier à cinq voies

Video KANAL MTK:

<https://www.youtube.com/watch?v=4ce2F1XXKAk&t=168s>

MEDI WALKS : April 2026 walk



MEDI WALKS restart / reprise

Meditative forest walk in Bertrange/ Meditativer Waldspaziergang in Bertrange / Promenade méditative dans le bois de Bertrange

We will walk slowly
promenade paisible
wir werden gemütlich spazieren

Partly individually, partly in the energy field of the group (in silence)
en partie seul, en partie dans le champ énergétique du groupe (en silence)
teils individuell, teils im Energiefeld der Gruppe (in Stille)

We try to observe nature on one hand and our thoughts-feelings-sensations on the other hand, in this unusual experience
on essaiera d'observer la nature d'une part et nos pensées-émotions-sensations d'une autre part, lors de cette expérience inhabituelle
wir versuchen einerseits die Natur zu beobachten, andererseits unsere Gedanken- Gefühle- Körpererfahrungen, während dieser unüblichen Erfahrung

close to nature
proche de la nature
naturnah

2 times 10 minutes of silence close to the trees, plants earth and sky/
2 pauses de 10 minutes en silence près des arbres, arbustes, ciel et terre
2 Stops von 10 Minuten schweigend bei den Bäumen, Stäuchern, Himmel und Erde

exchange of experiences in walking back to the start
échange du vécu lors du retour à la gare
Erfahrungsaustausch beim Rückweg zum Bahnhof

bring appropriate shoes and clothes
adapter chaussures et vêtements à la température /
Schuhe und Kleidung dem Wetter anpassen

WHERE/ OÙ / WO?

Meeting point: railway platform of Leudelage Gare (Bertrange side) parking available

Point de rencontre: plateforme Gare de leudelage (côté Bertrange) parking de la gare
Treffpunkt: Bahnhof Leudelage (Plattform – Seite Bertrange) – Parkplatz vorhanden

WHEN / QUAND / WANN?

Sunday morning 9:30 a.m.
Dimanche matin à 9:30
Sonntag am Morgen um 9:30

MORE INFO / INFO SUPPL. / ZUSATZINFO

Coordinator/ Coordinateur / Koordinator: Alfred Groff (www.alfredgroff.com)
free of charge, just bring good mood to share
gratuit, apporte juste de la bonne humeur à partager
kostenfrei, bring nur gute Laune zum Teilen mit
no registration necessary
sans inscription préalable
ohne Voranmeldung
.....

LINK TO A VIDEO ABOUT THE WALKS:

<https://www.youtube.com/watch?v=uEJlrBJHLJU>

TAI CHI

WITH IVAN

**JOIN US EVERY SATURDAY MORNING
IN LUXEMBOURG CITY PARK
FOR FREE TAI CHI CLASSES**

ALL WELCOME

Whether you're completely new
or already have experience,
you're welcome.

NO REGISTRATION FREE CLASSES

Just bring yourself and
comfortable clothes.

ORIGINAL YANG STYLE

25 years of practice in an
ITCCA™ accredited school.



**STAY UPDATED
SCAN QR CODE FOR**

**Class Times
Meeting Point**

Design:
info@sebastian-reiter.de



Invitation: Online Dyad Meditation Practice Group (Contact: Ivan)

We are organizing an online practice group for Dyad Meditation, as facilitated in the Mind Clearing processes developed by Charles Berner.

Dyad Meditation is a powerful technique often used as a catalyst to enhance and accelerate psychotherapy. With a bit of training, two people can exchange deeply meaningful sessions, helping each other achieve profound insights into their psychological processes.

When practiced regularly, this method goes even deeper, allowing participants to unlock direct, profound spiritual experiences.

Training and psychological technology will be provided.

Please Note: This type of work requires a certain level of self-awareness and emotional stability. Because of the intensive nature of the practice, it is not recommended for individuals who are currently struggling with acute mental health challenges or who are taking psychiatric medication.



LIVE in Attert / Arlon (B)

more dates to come in the fall 2026

for details and registration contact Marie-Paule or Alfred



CONSTELLATION PROCESS

using “Circles of life cards”
followed by a sound journey

MY RELATIONSHIPS

(partners, friends, family, workplace, inner relationships)

Regular workshop with Marie Ketter & Alfred Groff

Saturday 4th of July 2026

(11:00-18:00) in Attert (B)

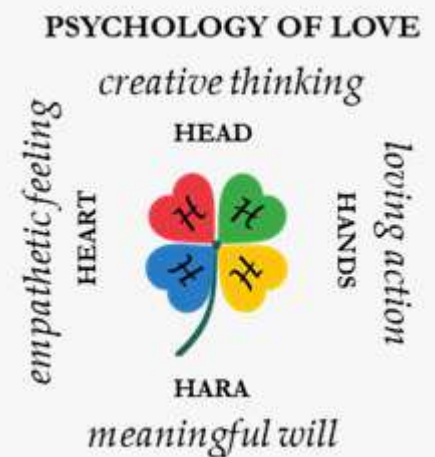
19:00 “Auberge Espagnole” (optional)

Registration: marieketter@pt.lu +352 621 319856

alfredgroff@hotmail.com +352 621 228051

Max. 4 persons

Fee: €85 (bank transfer before the workshop) or €95 in cash on the day
(discounts available in special circumstances)





VOYAGE SONORE Special GONG

Dimanche le 19.07.2026

Accueil 18.30 - VOYAGE SONORE 19.00 – 21.00

Lieu : 219, rue des 2 Eglises Attert 6717 Belgique

Réservation 621 319856 ou marieketter@pt.lu

Places limitées à 10 pl.

A amener : vêtements confortables, un tapis de sol, un plaid douillet, un coussin, une bouteille d'eau, un bloc-notes, une petite collation à partager, tapis déjà en place 😊

Parking: emprunter le petit chemin dans la **Rue des 2 Eglises** montant vers l'église supérieure (environ 100 m du site). De là, redescendre à pied et continuer jusqu'à la dernière maison, n° 219, rue des 2 Églises, sur la gauche avant le virage à la sortie du village d'Attart en direction de Redange (L).

Après le voyage sonore, le temps et l'espace sont donnés pour rester ensemble, intégrer l'expérience et partager des collations.



Au plaisir de vibrer ensemble ! 🌟

Marie Ketter



The great awakening

19-20 Sept. 2026

with Swami Brahmananda
David Nowe In Luxembourg

Kashmir Shaivism

Non dual Teachings

Kundalini Activation

Shaktipat Transmission

Mantras & Pranayama

Meditations & Chants

Vigyan Bhairav Tantra



Kirtan – Mantra Chanting Sat. 4:30 to 6:00pm
with Sandra Maringer • Pranayama with Caroline

The Great Awakening — Practical Information —

📍 Venue:

Um Bill, 1b Maison, 7425 Bill Helperknapp, Luxembourg

📧 Contribution:

230€ (220€*); 210€ (200€*) before 1.8.2026

• for members of the Asbl U & T

💰 Organisation:

Asbl Unité & Transcendance

✉ Info & registration:

contact@carolinedekeyser.org

WhatsApp: +32 492.495.645

www.carolinedekeyser.org



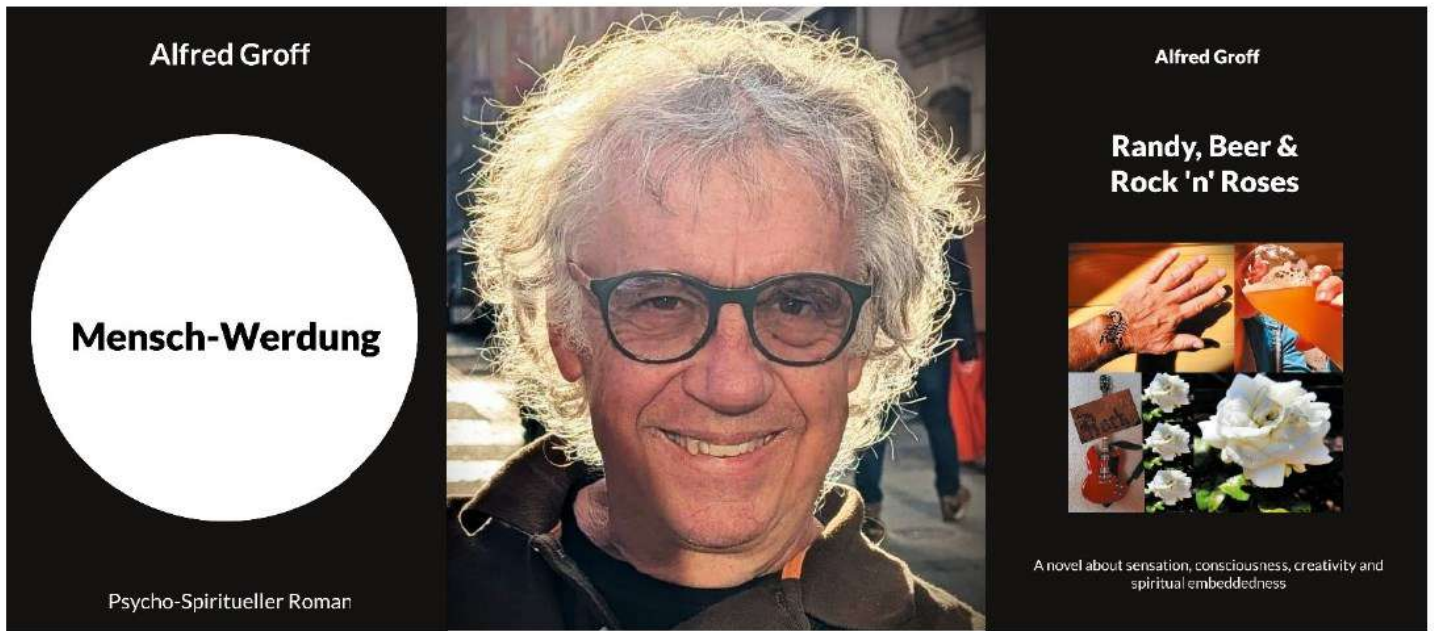
— Awaken the light within — The journey begins here. —

blog en anglais: [https://
www.carolinedekeyser.org/
blog/brahmananda](https://www.carolinedekeyser.org/blog/brahmananda)

blog en français: [https://
www.carolinedekeyser.org/
blog/swami-brahmananda](https://www.carolinedekeyser.org/blog/swami-brahmananda)

INFO supplémentaire:

Biodanza avec
Caroline Dekeyser
le 12 juillet de 11h00 à
16h00 (accueil à 10h30)
à Um Bill, Helperknapp,
Luxembourg



Mensch-Werdung = Trilogie „Mensch, Mensch“ + „Ich bin, Mensch“ + „Auf dem Fünf-Wege-Pfad“



D: <https://www.autorenlexikon.lu/page/author/105/10580/DEU/index.html>

F: <https://www.autorenlexikon.lu/page/author/105/10580/FRE/index.html>



Alfred Groff & Paul Prussen

LEBENSLUSTig

die Gärtnerin und der Therapeut



Roman vom Alfred a Paul (erschängt am Hierscht)

MTK - Gruppen am Summer 2026

« Austausch & Lebenskreise-Karten »

(live in Bertrange)

weitere Lebenskreise-Karten meetings
(live in Luxemburg-Stadt / Attert / online)

Chi-qung, Tai-chi / Diad Communication
& Men's Groups

Medi-Walks (Leudelange-Gare)

Medi-Meals (fall 2026)

and more: see www.mtk.lu
(Meditative Events, Fasten)

mtk@mtk.lu

T: 691-456789

Alle Gruppen finden regelmäßig statt.

Eine Anmeldung beim Koordinator ist erforderlich.

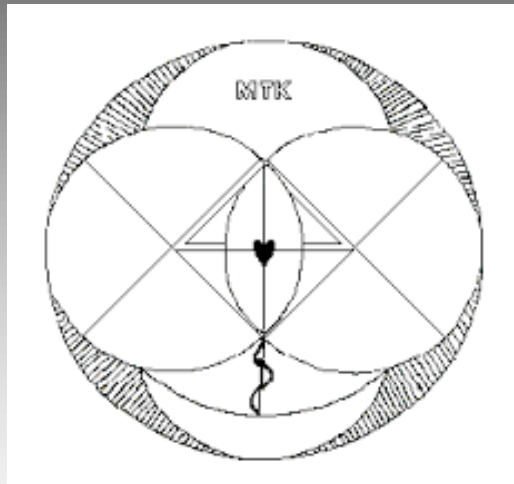
(Infos unter 691 456 789 bzw. mtk@mtk.lu).

Die Gruppen können abgesagt werden, wenn nicht eine Mindestzahl an Teilnehmern angemeldet ist

(Angemeldete werden in diesem Fall benachrichtigt).

Jede(r) TeilnehmerIn trägt durch seine/ ihre freiwillige Teilnahme die volle Verantwortung für sich selbst.

www.mtk.lu
www.demokratie.lu



MTK- FACEBOOKS-LINKS:

MTK asbl

<https://www.facebook.com/groups/107989429232618/>

MTK-Treffen an Interna

MTK-IDOB (Initiativ fir Demokratie, Oekologie an Bewusstsein)

<https://www.facebook.com/idobletzebuerg/>

Interessante Texte und Links

Integral Consciousness

<https://www.facebook.com/groups/integralconsciousness/>

Interessante Texte und Links (english)

Mehr Demokratie & bedingungsloses Grundeinkommen

[https://www.facebook.com/Direkt-Demokratie-a-](https://www.facebook.com/Direkt-Demokratie-a-Biirgergesetzgebung-Initiativ-fir-DemokratieErweiterung-666426926739478/)

[Biirgergesetzgebung-Initiativ-fir-DemokratieErweiterung-666426926739478/](https://www.facebook.com/Direkt-Demokratie-a-Biirgergesetzgebung-Initiativ-fir-DemokratieErweiterung-666426926739478/)